

# *THE ORANGE COUNTY BAR FOUNDATION*

## Brief Strategic Family Therapy

**Substance Abuse, HIV and Hepatitis prevention services  
Targeting LATINO RE-ENTRY YOUTH or LATINO HIGH RISK YOUTH**

Brief Strategic Family Therapy (BSFT) is a highly effective, problem-focused, and practical approach to the elimination/reduction of substance abuse risk factors and problematic behaviors in youth. By providing useful tools and focused interventions, centered on family relations and skill-building strategies, BSFT has shown success in decreasing individual and family risk factors as well as strengthening families.

### GOAL OF THE PROGRAM

- ❖ To provide integrated substance abuse, HIV and Hepatitis prevention services to youth that are at high risk of substance abuse, HIV and Hepatitis infection.

### THIS PROGRAM WILL PROVIDE:

- 14-16 weeks of BSFT Family Therapy by a **Bilingual** Therapist registered with the Board of Behavioral Science
- Case Management & Referral services

### ELIGIBILITY REQUIREMENTS TO PARTICIPATE

✓ **Male or female** between the ages of 12 -18yrs

*Re-entry: A youth that has been incarcerated at a county facility (YGC).  
(Services are provided after youth is released from custody)*

**OR**

✓ **Male or female** between the ages of 12-18yrs

### AND

Youth *MUST* be exhibiting at least 2 or more of the following risk factors:

- » Unprotected sex
- » Multiple sex partners
- » Intravenous drug user
- » Exposure to substance abusing peers
- » History or current use of drug/alcohol
- » History of drug/alcohol use with in members of the family
- » Exposure to drugs within the community, school and/or home.

Please note: Although, the program has a target population, Latino ethnicity, no minor will be refused services based on non-Latino ethnicity.

**FREE Counseling services**

**For additional information or to enroll, please contact Solomon Massin, MSW at (714) 480-1925 ext. 106**